**SAMPLE FOLLOW-UP LETTER**

Dear \_\_\_\_\_\_\_\_\_\_\_\_\_,

I sent you a letter on \_\_\_\_\_\_\_ , and I’m checking in to see if you have any questions. Enclosed is a link to our pamphlet, “When Should I Refer Someone to Overeaters Anonymous?” and a link to our website with more information for you and your patients.

NOTE: You can tell if the link was opened from your purchase. If it has been opened, you can write instead:

Thank you for reviewing the packet I sent you: “When to Refer to OA.”

This 12-Step fellowship, modeled after Alcoholics Anonymous, has helped thousands find freedom from compulsive eating and compulsive food disorders.

Please let me know if there is anyone else you’d like me to speak with about OA meetings and if you’d like more information for your patients or others.

The program has been instrumental in transforming my life, and I have seen it work for many others. This disease can lead to significant health problems, and we would like to do whatever we can to let people know there is additional support available online, and in person, for anyone who wants it. Many nutritionists support OA members in developing plans of eating, assisting them in abstaining from compulsive eating.